

# CFSC BASIC NEEDS BASKET: LILONGWE, BLANTYRE, ZOMBA & MZUZU DECEMBER 2009

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF SIX IN LILONGWE, ZOMBA, BLANTYRE & MZUZU

Commodity	Quantity	Lilongwe		Zomba		Blantyre		Mzuzu	
		Kwacha	Total	Kwacha	Total	Kwacha	Total	Kwacha	Total
Maize (50 Kg Bag)	2 Bags	2225	4450	1978	3956	2500	5000	1939	3878
Milling (Including Grinding)	14 Tins	58	812	65	910	40	560	100	1400
Beans (0.8kg/day) 8 Days	6.4 Kg	193	1235	195	1248	194	1242	298	1907
Usipa (250g/day) 4 days	1 Kg	1061	1061	807	807	1200	1200	360	360
Dry Utaka (200g/day) 4 days	0.8 Kg	1207	966	793	634	1257	1006	783	626
Kapenta (200g/day) 4 days	0.8 Kgs	986	789	1000	800	1308	1046	617	494
Beef (1 kg/day) 4 days	4 Kgs	542	2268	500	2000	482	1928	500	2000
Eggs (12/day) 4 days	48	25	1200	28	1344	25	1200	25	1200
Rape (750g/day) for 30 days	22.5 Kgs	112	2520	77	1733	92	2070	87	1958
Tomato (0.5 kg/day) 30 days	15 Kgs	86	1290	79	1185	112	1680	192	2880
Onion (116g/day) 30 days	3.5 Kgs	249	872	233	816	266	931	298	1043
Fresh Milk (250mls/day) 30 days	15x500 ml pkt	97	1455	100	1500	105	1575	138	2070
Kazinga Cooking Oil	3x 1 Liters	452	1356	472	1416	446	1338	472	1416
Bread (5 bkfts/week) 20 days	20 Loaves	119	2380	124	2480	125	2500	120	2400
Sugar (2 kgs/week)	8 Kgs	139	1104	141	1128	143	1144	138	1104
Kitchen Salt	1 Kg	84	84	125	125	92	92	130	130
Tea (Chisangalalo)	40 x 25g	14	560	15	600	16	640	18	720
Cassava (2kgsx2bkfst/wk)	16 Kgs	60	930	38	608	49	784	42	672
<b>Sub-total (Food Basket)</b>		<b>MK25, 269</b>		<b>MK23, 289</b>		<b>MK25, 936</b>		<b>MK26, 258</b>	
<b>(B) COST OF ESSENTIAL NON-FOOD ITEMS</b>									
Charcoal (50 Kgs)	2 Bags	2200	4400	1500	3000	2000	4000	2000	4000
Protex	10 Tablets	101	1010	112	1120	107	1070	135	1350
Boom	8 Packets	76	608	90	720	88	704	100	800
Clere Body Lotion	2 x 400 Mls	119	238	122	244	117	234	139	278
Vaseline Blue Seal	2 x 100 Mls	135	270	135	270	143	286	134	268
Electricity (Meter)	Average/Month	2750	2750	2100	2100	2700	2700	1500	1500
Running Water (Meter)	Average/Month	1900	1900	2500	2500	3200	3200	1600	1600
Housing (3 Bed roomed)	Rent/Month	15000	15000	13000	13000	13600	13600	8500	8500
<b>Sub-total</b>		<b>MK26, 176</b>		<b>MK22, 954</b>		<b>MK25, 794</b>		<b>MK18, 296</b>	
<b>Total for Basic Needs Basket</b>		<b>MK51, 445</b>		<b>MK46, 243</b>		<b>MK51, 730</b>		<b>MK44, 554</b>	

Totals for Lilongwe from previous months	Dec. 08	Jan. 09	Feb. 09	Mar 09	April 09	May 09	June 09	Jul.09	Aug. 09	Sep. 09	Oct. 09	Nov. 09
Amount	49,225	49, 982	51, 812	50, 159	45, 987	49, 052	47, 237	48, 009	47, 172	47, 730	46, 353	49, 805

## (C) SOME OTHER ADDITIONAL COSTS

	Lilongwe	Zomba	Blantyre	Mzuzu		
Education (per year)					Fuel (cost at the pump)	
Secondary (fees)	5,500	7,525	6,430	5, 000	Diesel (per litre)	199.30
Primary (GPF)	500	504	775	480	Petrol (per litre)	213.50
Uniform/shoes (Primary)	1,840	2,050	3, 250	1, 300	Paraffin (per litre)	132.20
Uniform/shoes (Secondary)	3,325	3,670	4, 220	2, 742	Minibus fare to town and back LL: MK160 – MK180;	
Other (pens, books, etc.)	3,600	3,626	2,283		BT: 140.00; ZA: MK120 – MK160;	
					MZ: MK100 – MK160	

## (D) SOME COMPARATIVE FIGURES OF WAGES-- (NET PAY)

	Teacher (K)	Nurse (I)	Petrol/Diesel Attendant	Waiter in Local Restaurants	Shop Attendant	Security Guard in Private Firm
<b>Monthly Wage.</b>	K15, 422 - K17, 203	K37, 275- K32, 893	K7, 000- K10, 000	K3, 000- K8, 000	K5, 000- K10, 000	K3, 000 K5, 000

## THE CENTRE FOR SOCIAL CONCERN WISHES YOU A HAPPY NEW YEAR!!

*The Social Conditions Research Program of the **Centre for Social Concern** conducted these surveys from 18<sup>th</sup> to 24<sup>th</sup> December 2009 in the cities of Blantyre, Zomba, Lilongwe and Mzuzu. In many parts, cost of living has increased.*